







YEARS EXP

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Stephen Gordon, DDS Chicago, IL





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Tenille Phang, DDS Massapequa Park, NY





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Joseph Porcu, DDS Syosset, NY

FIRSTFIT POWERED BY HENRY SCHEIN

FirstFit





This guided prosthetics delivery system provides 3D-printed prep guides and the final ready-to-seat restoration at the same time

critical barrier for patients who need traditional crown, bridge, or veneer treatment is time. Their eyes might glaze over when dentists explain just how often they'll be in the office between preparation, impressions, and seating—not to mention the risk of failing temporaries and the added discomfort that accompanies traditional restorative treatment. How can a dental practice enhance the patient experience and save time while still offering quality restorations?

A guided prosthetics delivery system that eliminates temporaries, FirstFit utilizes the latest digital technology to provide 3D-printed prep guides and the final ready-to-seat restoration all at once. "The FirstFit system is a great tool in my dental toolbox," said Dr. Glenn DeWeirdt, one of many evaluators who sought an alternative approach to conventional bridges and implants. The evaluating dentists praised FirstFit for its minimally invasive approach, time-saving qualities, and high patient acceptance rate.

Protected Tooth Structure

Computer-aided design ensures exact preparations and the removal of minimal tooth material in order to preserve more of the natural tooth structure. Joseph Porcu, DDS, noticed the benefits of using a minimal approach with FirstFit for a variety of treatments, stating, "Minimally invasive preps and no temporaries is a winner for veneers, and the single-tooth replacement bridge is a great option for patients not having implants." He also pointed out that "guided preparation increases retention of a bridge due to eliminating over-prepping and -tapering." Mark Breiner, DDS, appreciated how the system conserved tooth structure, and Dr. John Gonzalez was pleased that he was able to "replace the first molar with zirconium pontic with minimal preparation of the adjacent teeth."



Knowing not all patients are interested in dental implants, Dr. Stephen Gordon wanted to offer the option of a minimally invasive 3-unit bridge. "Using [FirstFit's] 3D-printed guide allows for very precise minimally invasive tooth preparations. This is a hightech esthetic procedure that is simple to perform, time-saving, and easy for both the dentist and the patient," Dr. Gordon stated.

Increased Productivity

Time is of the essence when patient appointments are scheduled back to back. FirstFit is designed to dramatically reduce chair time per patient case. In addition, same-day seating removes the need for temporaries, making emergency appointments for temporary failures a thing of the past—another stressrelieving advantage.

"The esthetic result is phenomenal," shared Dr. Tenille Phang. "The ability to change a patient's smile in a little over a lunch break is a game changer." She said she has recommended this system to colleagues because of the saved chair time and esthetic results, but would like the guides to be easier to use. "It allowed for extremely conservative preps, no temps, and quick turnaround," noted Dr. Mindy Ok. "It gives me one more option to use for select patients," Dr. David Levin stated.

Dr. Porcu favored the idea of not needing

takeaways

- Clinicians can prepare and seat a crown, bridge, or veneer in a single visit
- Eliminates the need for temporaries
- Patented 3D-printed prep guides ensure a perfect, custom fit
- Computeraided design with minimal removal of tooth material
- Precision and speed of computer-guided dentistry without high capital investment in equipment



Glenn DeWeirdt, DDS Woodridge, IL

"The FirstFit system is a great tool in my dental toolbox."

temporaries for large veneer cases and described a case in which FirstFit came in handy. "I recently placed 8 veneers on a colleague from out of state. By prepping and inserting on the same day, it cut down on multiple visits and long travel for appointments."

Patient Convenience

Making the patient as comfortable in the dental chair as possible may mean switching up the approach; FirstFit makes this simple. The absence of swollen gingiva and blood during a full-arch digital scan produces more accurate impressions and fewer retakes. Impressions are sent to a FirstFit software designer, and clinicians then receive patented 3D-printed prep guides that guarantee a perfect, custom fit without the cost and hassle of remakes.

FirstFit also serves as a more affordable option for bridges, crowns, and veneers. For example, a traditional bridge typically costs as much as 3 crowns, while the FirstFit bridge system costs significantly less. Dr. Gonzalez said he can offer FirstFit to "a younger patient with otherwise great teeth missing a molar who can't afford or does not want an implant or restoration." Dr. Gordon reported a similar experience, saying, "I have had several cases of patients who could not afford implants and appreciated the fact that I could provide a nonremovable restoration without major tooth reduction."

Dr. Phang shared how FirstFit was highly

successful for one of her patients, who presented with natural diastemas between lateral canines and a gummy smile. "By lengthening her teeth and closing in places, [FirstFit] transformed her smile and appearance."

Overall Satisfaction

All of the evaluators said they would recommend FirstFit to colleagues, deeming it a *DPS* Best Product. In addition to high patient acceptance, improved efficiency, and a less invasive

technique, FirstFit improves the accuracy of fit and makes the final restoration easy to place. The fact that FirstFit allows for "same-day delivery is appealing to patients as well as providers," noted Dr. Phang. "[We] definitely have more patients coming into the office. Now we're addressing their wants and their dental needs," she added.

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800-496-9500 www.henryschein.com/us-en/zahn/

CRITERIA BASED ON AVERAGE SCORE (OUT OF 5) Training to become FirstFit **Authorized Provider** Minimally invasive—allows patient to retain more of natural tooth structure Decreased chair time due to having prep guides (less prep and seating time) Increased productivity due to eliminating temporary appointment Ease of placing veneers with all-in-one tray Accuracy/fit of final restoration Increase in patient convenience SECTION A AVERAGE

FINAL SCORE AVERAGE OF SECTIONS A AND B

PRODUCT EVALUATION SNAPSHOT

SECTION B

OVERALL SATISFACTION

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BEST