

**ROSS W. NASH, DDS**

Dr. Nash is one of only 46 Accredited Fellows worldwide in the American Academy of Cosmetic Dentistry. He graduated from North Carolina State University as a textile engineer and 4 years later went on to the University of North Carolina at Chapel Hill for his dental degree. He has served as an adjunct faculty member in postgraduate training for many dental schools, including Baylor, Medical College of Georgia and NYU.



TECHNIQUE TIPS

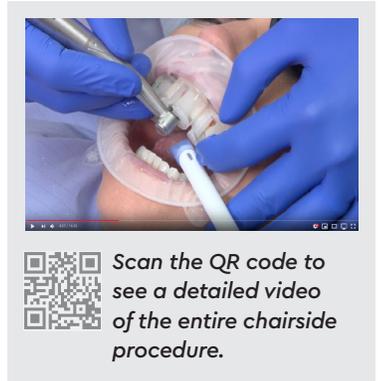
# FirstFit

**A**mong the familiar challenges of preparing teeth to receive crowns, bridges, or veneers is preserving as much healthy tooth structure as possible. The holy grail? Eliminating over-reduction and excess tapering while creating micron-accurate margins without gingival extension. The FirstFit guided prosthetics delivery system provides a reliable and time-saving method to consistently achieve this goal.

"FirstFit lets you take

advantage of computer-guided dentistry without the investment," said Dr. Ross Nash, a pioneer in the art of cosmetic dentistry. "Precision fit, esthetics, and minimally invasive technique are all advantages of this ingenious technology."

A recent veneer case, performed by Dr. Nash along with Dr. Shaharyar Fiza, is a great example of how FirstFit can incorporate minimally invasive techniques into a complex case. Here are highlights of the steps



Scan the QR code to see a detailed video of the entire chairside procedure.

followed during the delivery appointment of 18 veneers—the second of a two-visit protocol.



**1** Patient presents for delivery appointment of 18 veneers.



**2** Computer-designed and -generated from the impression taken at the previous appointment, the FirstFit guide was easily positioned over the arch to be prepped.



**3** It is used as step-by-step guidance for the preparation bur, directing Dr. Nash in all planes to create a preparation that provides a precise fit for the corresponding veneer.



**4** Delivered in a single tray, all the veneers for each arch are seated simultaneously.



**5** The patient was very satisfied with the results and equally happy with the shortened treatment time.



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