



guided prosthetics delivery system

PREP AND SEAT IN A SINGLE VISIT

Learn more www.firstfit.com



Become a FirstFit Authorized Practice today!

The **Technology**

FirstFit is a Guided Prosthetics Delivery System that utilizes the latest digital technology to provide you with 3D printed prep guides and the final ready-to-seat restoration at the same time. The use of this guided system enables clinicians to provide predictable and consistently esthetic restorations while reducing the patient's time in the chair and your time since no temporaries are needed.

Using proprietary CAD software, a designer creates a digital prep for the tooth using a series of prep guides while also creating the crown, bridge or veneer to fit this preparation.

This revolutionary system provides a precise and unparalleled treatment solution that saves you time and allows minimal tooth reduction, removes the need for temporaries, and eliminates one appointment from a patient's busy schedule.

Why **FirstFit**



Conserve more natural tooth structure



Complete restoration in a single visit



Improve patient convenience and minimize chairtime



Approve digital prep and final restoration designs before any prep begins



Zirlux Zirconia and other highly esthetic and strong material options



Bill at the time of diagnosis



Fewer remakes by eliminating blood and swollen gingiva from impression

-1

Eliminate temporaries and multiple try-in appointments

Getting Started



1. Become a FirstFit Authorized Practice by completing a certification course.

www.firstfit.com/education

Attendees will receive a Starter Kit containing: handpiece with coupler, two models, bridge guides, bridge restoration, crown guides, crown restoration, and two burs.

Take a digital or analog impression to send to your FirstFit Authorized Provider.

2. Your FirstFit Authorized Provider works with FirstFit to initiate the system by designing a prep of the tooth and creating the final restoration to fit this preparation.

Doctor previews and approves the digital preparation and restoration design prior to production.

3. Preparation guides are 3D printed using the latest CAM technology to fit the designed prep.

4. Dental practice receives the printed guides, dental model, ready-to-seat final restoration, and case-specific bur for the FirstFit handpiece.

5. The FirstFit handpiece is placed into the channel of the guides, directing the dentist in all planes in the preparation and preventing over-reduction of the tooth.

6. Follow the cementation protocol to seat the final restoration.

www.firstfit.com/resources

Pro Tip: Before seating the final restoration, the handpiece can be run through the prep guide channels, assuring that the restoration will fit properly.



✓ 3D Printed Guides



✓ Model



✓ Ready-to-Seat Bridge



✓ Bur

FirstFit Guided Bridge Delivery System

Using this system you are now able to restore your patient's missing teeth with a minimally invasive solution that maintains their adjacent healthy tooth structure.



✓ 3D Printed Guides



✓ Model



✓ Ready-to-Seat Crown



✓ Bur

COMING SOON! FirstFit Guided Crown Delivery System

The FirstFit Guided Crown Delivery System increases the predictability and efficiency of the final restoration by allowing you to see the final restoration and preparation before any prep is made.



✓ 3D Printed Guides



✓ Model



✓ Ready-to-Seat Veneers in Delivery Tray



✓ Bur

FirstFit Guided Veneer Delivery System

The revolutionary Delivery Tray System allows you to place all the veneers at the same time. The tray gives you full visibility of the veneers and teeth so seating, angulation, and the margins are all perfectly aligned.

Frequently Asked Questions

Can I use my own handpiece?

No. The FirstFit handpiece, which is provided in the Starter Kit, has been specifically designed with the required torque and is the only one suitable for this technique.

Is there anything I need to do with the guides before using them on a patient?

We recommend submerging all guides in warm water for approximately 20-40 seconds per guide which makes the guides easier to use and flexible. You should also verify that the bur is securely locked into the FirstFit handpiece before inserting it into the guide.

What type of impression do you recommend?

Digital impressions and Clinician's Choice® Affinity InFlex have proven to be efficient solutions for the FirstFit System. Any brand of polyvinylsiloxane impression material that provides a good impression can be used.

How do you remove the guides from the patient's mouth?

While holding it at the widest section, FirstFit guides should be removed by gently rocking it in a back-and-forth motion as you pull up on the guide.