



VIDEO

Take the first step in becoming certified in FirstFit technology by attending a FirstFit education workshop.



Eliminate Temporaries

FirstFit enables clinicians to prepare and seat a crown, bridge, or veneers in a single visit

Temporaries can be a nuisance for both the dentist and patient because they often break or come off at the most inconvenient times. Clinicians will then receive the dreaded call from a patient saying, "My temporary came off," or, "I'm traveling tomorrow. I need to have it fixed right now." Thanks to a new technology, dentists and patients can now avoid both the hassle of the temporary and the extra appointment that goes with it.

FirstFit is a revolutionary system that uses innovative digital technology and a series of 3D-printed prep guides to enable the clinician to prepare and seat a crown, bridge, or veneers in a single visit. FirstFit procedures result in ideal fitting restorations while saving vital healthy tooth structure—all without the need for temporaries.

"Using this technology, a dentist can eliminate hours of wasted time making temporaries and save precious chair time in preparing teeth; and be able to achieve predictable and consistent results time after time,"



said FirstFit inventor Dr. Cyrus Tahmasebi. "If we can avoid temporaries, it is a win-win situation for all."

The FirstFit Guided Prosthetics Delivery System uses CAD/CAM technology to provide step-by-step guidance through the use of 3D-printed preparation guides. These guides allow you to prepare the tooth and seat the crown, bridge, or veneers in the same appointment. Each 3D-printed prep guide is custom designed and enables minimal tooth reduction during treatment, resulting in a perfect-fitting restoration.

"By using these 3D-printed guides, a dentist can precisely prepare teeth with the right amount of reduction so that a clean margin is created. Clinicians can deliver the final restoration at the same time," said Dr. Tahmasebi.

When this technology is applied to veneers, the 3D-printed guides allow the dentist to do the exact preparation as designed by the computer. Because the clinician knows how the teeth are going to be prepared, they can line up the veneers in the tray delivery system that's been printed, allowing all the veneers to go into place at the precise angulation and position that the computer had predetermined.

"Using our 3D digital-printed guides, a dentist can prepare and deliver 10 veneers in about an hour," added Dr. Tahmasebi.

DR. TAHMASEBI'S TOP 5 BENEFITS OF FIRSTFIT



- 1 Single-Visit Dentistry**—Prep and seat in up to 50% less chair time than a traditional restoration and eliminate the need for temporaries
- 2 Minimally Invasive**—The 3D-printed guides provide step-by-step guidance through tooth preparation, enabling precise cuts and reductions, and preserving healthy tooth structure
- 3 Practice ROI**—Bill the procedure at the time of diagnosis, leading to higher case acceptance
- 4 Patient Experience**—Maximize quality and minimize time by removing an appointment from your patient's schedule
- 5 Better Impressions**—Fewer remakes due to fit by eliminating irritated gingiva



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